

SQUAD TIMETABLE

AM SESSIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Performance	5.00am	5.00am	5.00am	5.00am	5.00am	6.00am
Gold	5.00am	5.00am	5.00am	5.00am	5.00am	6.00am
Silver	6.45am	6.45am	6.45am	6.45am	6.45am	7.45am
Bronze	7.00am	7.00am	7.00am	7.00am	7.00am	8.00am
Development	7.00am	7.00am	7.00am	7.00am	7.00am	8.00am

PM SESSIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Development	4.00pm	4.00pm	4.00pm	4.00pm
Bronze	4.00pm	4.00pm	4.00pm	4.00pm
Silver	4.00pm	4.00pm	4.00pm	4.00pm
Gold	5.00pm	5.00pm	5.00pm	5.00pm
Performance	5.15pm	5.15pm	5.15pm	5.15pm

Development \$30 per week
55 minutes

Bronze \$30 per week
55 minutes

Silver \$33 per week
75 minutes

Gold \$37 per week
90 minutes

Performance \$43 per week
105 minutes

- Unlimited squad sessions every week. Bookings required.
- Squad cards must be scanned on entry to the Mingara Aquatics Facilities.
- Squads swim throughout the year only breaking on Public Holidays.
- Payment is required with fortnightly debits.
- Please note that squad passes are only valid for the above sessions and are not to be used outside these times.